



**A HELPING HAND**  
SENIOR CARE SERVICES

## WHAT WE ARE DOING

**ASSISTED LIVING** 24-HR  
CUSTOMIZED LIVING, DAILY

General care  
Medication Set Up and  
Administration  
Nurse on call  
Nurse on site  
24hrs Awake Night Staff  
Highly-trained home health aides

**All Wheelchair accessible**

2527 14th ave S Minneapolis, MN 55404  
2446 15th Ave S Minneapolis, MN 55404  
778 Blair ave St. Paul, MN 55104



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SENIOR CARE SERVICES

**Office: (612) 255-3110**  
**Fax: (612) 255-3115**

**2527 14th Ave S**  
**Minneapolis, MN 55407**

email: [info@ahelpinghandsenior.com](mailto:info@ahelpinghandsenior.com)  
[www.ahelpinghandsenior.com](http://www.ahelpinghandsenior.com)  
(612) 255-3110 | Fax: (612) 255-3115



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## WHY YOU CHOOSE US

We Bring Together People Who Need Care and  
The Best People to Provide Care  
Let us Enrich the Lives of our Clients With  
Kindness and Joy!





## ABOUT US >>

We are licensed by the state of Minnesota Department of Health. A Helping Hand Senior Care Services residential care helps people with disabilities maximize their independence and dignity by providing a residential setting with personal and healthcare services, including 24-hour supervision and assistance. The home provides activities and services designed to: 1) accommodate individual residents' changing needs and preferences; 2) maximize residents' choice, dignity, autonomy, privacy, independence, quality of life, and safety; and 3) encourage family and community involvement. We encourage patients, family members, friends and health care professionals but be sure to take a moment to explore the other residential care options listed, such as assisted living and independent living. Depending on how much medical supervision your loved one needs. There's no place like home. A Helping Hand Senior Care Services recognizes the importance of keeping clients in their home, rather than having to send them to a skilled nursing facility. Our personal home care program is designed to implement non-medically oriented tasks in order to meet the recipient's physical needs.

Our personal care attendants provide a multitude of services for our clients, ranging from meal preparation and house cleaning to personal assistance and assistance in running errands. We are diligent in our staff and client pairings. We won't put just anyone in your home or the home of your loved ones.

All of our team members undergo a vigorous background check.

We personally select your caregiver by meeting with you and your loved ones so that we can gain a better understanding of your needs and pair you with a caregiver who is complimentary to your lifestyle.

### Assisted Living

Resident requires assistance with many activities of daily living (ADLs) such as bathing, grooming and dressing. Resident may be able to perform some ADLs, but needs supervision for most ADLs. Our expertise in caring for the elderly and disabled is the kind that is reliable. Without fail, we deliver the needs of our residents whether in a short or a long term basis for care. Staying with us at A Helping Hand Senior Care Services. Residential Care Home means being able to receive the attention that is required of the care plan to lessen the burdens of old age and disability. Our expertise in caring for the elderly and disabled is the kind that is reliable. Without fail, we deliver the needs of our residents whether in a short or a long term basis for care. Staying with us at A Helping Hand Senior Care Services. Residential Care Home means being able to receive the attention that is required of the care plan to lessen the burdens of old age and disability. 24 hour customized living serving adults; We accept CADI, BI or DD and Private Contract Private pay; Call A Helping Hand Senior Care Services today for more information on our Twin Cities home care and a free consultation at **(612) 255-3110**



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## SERVICE AND AMENITIES >>

As A Helping Hand Senior Care Services Residential Care Home offers the following services and amenities:

- ♥ Assistance with bathing, grooming, mobility, and dressing
- ♥ Medication administration
- ♥ 3 nutritious meals and snacks daily
- ♥ Housekeeping, laundry, home maintenance
- ♥ Registered Nurses available 24 hours a day
- ♥ Private and Shared Bedrooms
- ♥ Assistance with arranging Doctor's appointments
- ♥ Transportation Service going to and returning from appointments
- ♥ Round-the-clock Supervision with nighttime personnel on-duty

## OUR SERVICES INCLUDE

- ♥ General care
- ♥ Medication Set Up and Administration
- ♥ Nurse on call
- ♥ Nurse on site
- ♥ 24hrs Awake Night Staff

**2527 14th Ave S**  
**Minneapolis, MN 55404**

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(612) 255-3110 | Fax: (612) 255-3115



## A Helping Hand Senior Care

2527-14th Ave. S., Minneapolis, MN 55404

Admissions: (612) 255-3110 | Fax: (612) 255-3115

Contact: Jama | [www.ahelpinghandsenior.com](http://www.ahelpinghandsenior.com)



Page key:  Provided  Extra charge  Not offered

Assisted Living License for 5 Residents

Age: 18+ Specialty: General Care

### Payment accepted & rents

Private pay  EW  GRH  CADI (Hennepin Cty.)

Private room: Call for rates | Double: Call for rates

### Health care staff

Awake night staff  Nurse on-call 24hrs/day  
 HHA or Cota 24hrs/day  Nurse on-site 14hrs/wk

### Health care services

ADLs:  Bathing, dressing, feeding, grooming, toileting

Medications:  Reminders  Administration  Set-ups

Memory loss management:  Mild  Moderate  Acute  
 Wander alarm system  Memory care facility

Transfer:  1-person  2-person  Call buttons

Other:  Short-term respite  End of life care

### Amenities

Cable TV  Pets with approval  
 Activities program  Transport/Escort to appts  
 Handicap &/or WC access  No smoking

### About us

24 hour assisted living serving adults; We accept CADI, BI, CAC, EW, LTCI and private pay; Home offers decks, home-cooked meals, internet access, housekeeping, laundry, personal care and respect to residents in a home-like setting.



## A Helping Hand Senior Care

2446-15th Ave. S., Minneapolis, MN 55404

Admissions: (612) 255-3110 | Fax: (612) 255-3115

Contact: Jama | [www.ahelpinghandsenior.com](http://www.ahelpinghandsenior.com)



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Assisted Living License for 5 Residents

Age: 18+ Specialty: General Care

### Payment accepted & rents

Private pay  EW  GRH  CADI (Hennepin Cty.)

Private room: Call for rates | Double: Call for rates

### Health care staff

Awake night staff  Nurse on-call 24hrs/day  
 HHA or Cota 24hrs/day  Nurse on-site 14hrs/wk

### Health care services

ADLs:  Bathing, dressing, feeding, grooming, toileting

Medications:  Reminders  Administration  Set-ups

Memory loss management:  Mild  Moderate  Acute  
 Wander alarm system  Memory care facility

Transfer:  1-person  2-person  Call buttons

Other:  Short-term respite  End of life care

### Amenities

Cable TV  Pets with approval  
 Activities program  Transport/Escort to appts  
 Handicap &/or WC access  No smoking

### About us

24 hour assisted living serving adults; We accept CADI, BI, CAC, EW, LTCI and private pay; Home offers decks, home-cooked meals, internet access, housekeeping, laundry, personal care and respect to residents in a home-like setting.



## A Helping Hand Senior Care

778 Blair Ave., St. Paul, MN 55104

Admissions: (612) 255-3110 | Fax: (612) 255-3115

Contact: Jama | [www.ahelpinghandsenior.com](http://www.ahelpinghandsenior.com)



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### Assisted Living License for 4 Residents

Age: 18+ Specialty: General care

#### Payment accepted & rents

■ Private pay ■ EW ■ GRH ■ CADI (Ramsey Cty.)

Private room: Call for rates | Double: Call for rates

#### Health care staff

■ Awake night staff ■ Nurse on-call 24hrs/day

■ HHA or Cota 24hrs/day ■ Nurse on-site 14hrs/wk

#### Health care services

ADLs: ■ Bathing, dressing, feeding, grooming, toileting

Medications: ■ Reminders ■ Administration ■ Set-ups

Memory loss management: ■ Mild  Moderate  Acute

Wander alarm system  Memory care facility

Transfer: ■ 1-person ■ 2-person  Call buttons

Other: ■ Short-term respite ■ End of life care

#### Amenities

■ Cable TV  Pets with approval

■ Activities program ■ Transport/Escort to appts

■ Handicap &/or WC access ■ No smoking

#### About us

24 hour assisted living serving adults; We accept CADI, BI, CAC, EW, LTCI and private pay; Home offers decks, home-cooked meals, internet access, housekeeping, laundry, personal care and respect to residents in a home-like setting.

